



Conestoga College, Monday, Oct. 6, 1986

Doon nursing building planned

Plans are under way for new nursing facilities at Doon campus, with construction to begin next month, said Jack Williams, director of finance for Conestoga College.

Students at St. Mary's and Kitchener-Waterloo hospitals in Kitchener and St. Joseph's Hospital in Guelph will start using the new health sciences building when it is completed next summer.

Students in Stratford will continue to use the nursing

school campus at Stratford Hospital, Williams told the Kitchener-Waterloo Record.

The building will be attached to the main complex at Doon and will have about 4,180 square metres (45,000 square feet) of space. Estimates of the cost are not yet available.

In April, K-W Hospital decided not to renew the lease for space used by the college. That lease expired in September but the hospital agreed to extend it

until June 30, 1987, when the new building should be completed.

The college sent a letter to the Ministry of Colleges and Universities in July asking for help in finding new facilities.

Richard Donaldson, spokesman for the ministry, told Spoke in August the letter asked the ministry to consider financing a new building. The college was, in turn, asked to submit plans for one.

Red Cross collects 105 pints

By Sherri Young

The Sept. 29 blood donor clinic at Doon attracted more donors than in January, but fewer donors than the September clinic in 1985.

An unofficial count showed there were 141 donors, but after deferrals there were about 105 pints of blood collected Sept. 29.

Anne Gallagher, the clinic co-ordinator of the Southern Ontario Region for the Red Cross, said the quota was 150 collected units of blood. The number of first-time blood donors had not yet been tabulated.

For the Sept. 30 clinic in 1985, the expected quota was 150 units of blood, and 125 were collected. The clinic attracted 154, including 80 first-time donors. For the Jan. 28 clinic, with a quota of 150, there were 105 units collected and the was 125, with 40 new donors, Gallagher said.

The next clinics for Doon have been tentatively scheduled for Jan. 30 and Sept. 30, 1987.

The volunteer staff from the Cambridge branch of the Red Cross Society registered the donors, provided the refresh-

ments and assisted a blood transfusion service team from Hamilton in operating the nine-bed clinic.

The criteria for blood donors include good health, an age limit between 17 and 66 and a weight of 100 lbs. (45.5 kg) or more. Donors should have had adequate sleep and something to eat or drink before donating, a three-month wait since previous donations and an adequate hemoglobin level. There are a few exceptions for blood donors on prescribed medication.

Blood isn't always taken from those who wish to donate. Someone with a cold or low hemoglobin, for example, would be deferred, and persons who have contracted certain diseases cannot donate.

Donors begin by having a cold beverage, usually juice or a soft drink, and are then required to read a criteria sheet and a pamphlet about AIDS (acquired immune deficiency syndrome).

Extensive testing for the AIDS antibody began last November, and donated blood is screened at the clinic in Hamilton. If a donor has the antibody, then the family physician is contacted, who in turn

contacts the patient, family, Gallagher said.

However, she added, donors can't get AIDS by giving blood. The equipment used for collecting blood is new, sterile and disposable and is used for only one donor.

Once registered, the donors have their finger ticked for hemoglobin by the technician, and then a nurse screens the donors, making sure they read the pamphlets.

Donors then to to a table where they donate their blood, Gallagher said. A rest for about five minutes and refreshments of coffee and doughnuts are last on the list.

The whole procedure takes about 30 minutes.

Gallagher said the body contains approximately five litres (10-12 pints) of blood and blood donations consist of less than half a litre of blood.

Blood can't be manufactured and without donations, blood transfusions are not possible. The Red Cross relies on the donor's generosity, and the hospitals rely on the Red Cross. The patient relies on the hospital and the availability of the blood.

"It's like an assembly line. If See Donors, page 3

Monkey business

Continuing education clerk Patti Hiltz receives a birthday gorilla-gram on Sept. 26. Chris Martin in peer tutoring and Deb Shantz, another friend of Hiltz, arranged the delivery.

Monty Kersell/Spoke

Russell leaving college

Bonita Russell is no longer manager of programs - technology at Doon campus, according to a memo issued on Sept. 12 by associate director Tony Martinek.

Martinek said in an inter-

view that Russell will not return in any position with the college.

No decision had been made by Sept. 30 on who will take over Russell's responsibilities.

Registrar's office at Doon loses familiar face

By Cheryl Mooder

As of Oct. 3 the registrar's office at Conestoga College will be minus a familiar face.

After 19 years working in the college's administration, attending jobs ranging from bookstore clerk to awards clerk, Terry Dunn is taking an early retirement.

"My husband retired 2 1/2 years ago," the mother of five said. "I feel it's time to be home together and to do things" while they can.

Vacationing anyplace warm is a top priority, said Dunn, who is in her late 50s.

Both the Dunns like to play golf and plan to tee off on the golf courses of Virginia, North Carolina and Florida during a three-week trip planned for November.

Dunn began working at the

college Dec. 6, 1967, before the college building even existed. The college administration was located in a house on Francis Street in Kitchener.

"We moved out here during Christmas '67," Dunn said.

Classes started at the Doon campus in January of 1968. At that time, Conestoga was "smaller and more personal," she said.

"I used to know every student by name."

During lunch hour, Harold Arnold would bring "a basket of sandwiches he made up" to sell to students who didn't bring a lunch, Dunn said.

The offices, the library, bookstore and cafeteria were all located in what is now the registrar's office. Portables were used as classrooms for the 168 students.

See Dunn, page 3



Awards clerk Terry Dunn worked the last day of 19-year career with Conestoga College on Oct. 3.

Monty Kersell/Spoke

OPINION

SPOKE

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Say 'cheese'

Taking pictures of one's children is, among other things, a challenge.

On a recent Sunday afternoon, I decided it was time to load the Minolta and embark on yet another photographic adventure chronicling the life and times of the Brenner family.

The setting was perfect. A sunny, vibrant autumn day, leaves from the maple tree piled high on the front yard and the children boisterously playing among them.

Deciding to use the sneak approach, I crept around the side of the house and from an ingenious vantage point was able to shoot 10 frames before being discovered.

Plan two was less effective. After about 15 minutes of letting the kids do their thing in front of the camera, the novelty began to wear off.

Not that the pictures weren't terrific. They were. Certainly the stuff that photo journalism is made of.

During those action-packed minutes I was able to capture the somersaults and the headstands, the laughter and the exhilaration, those moments in childhood that are so endearing.

My big mistake was in trying to control the situation. Every time I positioned the kids for a certain shot they moved, or threw leaves at me or started punching each other.

Number 1 son was mad at me for not letting him attempt a daredevil assault with his bicycle on a huge pile of leaves on the sidewalk. As a result, he was most unco-operative and would stick out his tongue every time I turned the camera in his direction.

Number 2 son decided he had had enough of the whole picture-taking session and sat down on the front step to pick his nose.

Knowing that I was beaten, I packed up the camera, called it quits, and decided to rake the leaves instead.

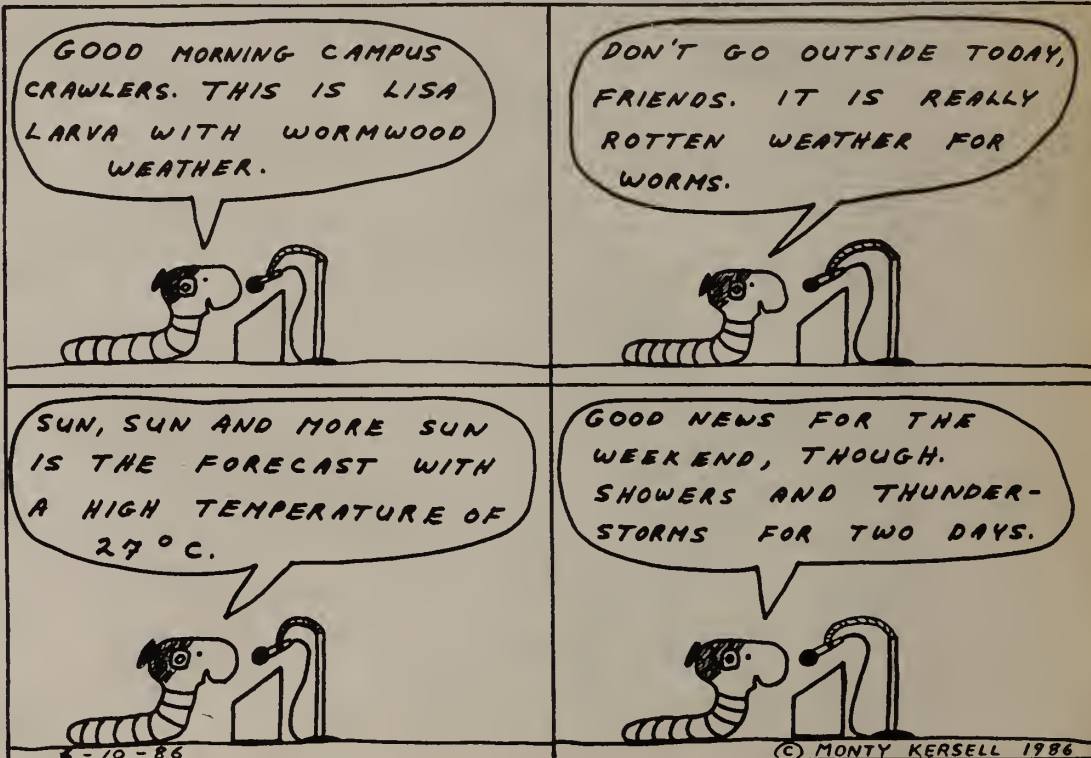
By Katherine Brenner

The editorial staff at Spoke invites comments from readers in the form of signed letters, free of libel and personal attack. Letters should bear names and program or department with which writer is connected.

We reserve the right to edit all letters to meet space requirements. Submissions should be 250 words or less, and may be left in the mailbox outside the Spoke office by the cafeteria entrance or sent by mail to: Spoke, c/o Conestoga College, 299 Doon Valley Dr., Kitchener, Ont. N2G 4M4

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Question of the Week

Should drug testing be mandatory?



"No. I think it shouldn't be mandatory. I think it is something personal. I don't think they should get involved in other people's personal lives." Fran Lake — Business Administration-Accounting



"I feel it should be done. Certainly in sports, where emphasis is on personal achievement. In other areas, it is a matter of what is involved and should be open for debate." Grete Pruefer — Graphics Design, 3rd year



"I think it should be mandatory. There is a lot of drug abuse that isn't detected, especially in executive positions. It is necessary for sports. In our society drug abuse is a big problem." Dennis Redmond — Electronics and Engineering, 2nd year



"No I don't think it should be mandatory, (in an employment situation). Sporting-wise, yes, because drugs give athletes an unfair advantage over their competitors. As far as companies go, it is discrimination. We have to face it. Drugs are going to be around for awhile in society." Todd Ruthig — Business Administration - Accounting

Beer should be sold in convenience stores

By Gerry Shultz

During Premier David Peterson's 1985 election campaign he promised to try and make beer available at convenience stores, an idea whose time has come.

Opinion on that election promise is split down the middle, with about half the population in favor of it and the other half dead against the availability of the golden suds at local convenience stores.

Almost all of the municipalities in Ontario are against the move, including Waterloo region. Why, I do not know? Their reasons seem weak.

Many complain that the availability of beer will increase local crime because the stores will be ideal targets for robbers. Stores are being robbed now, and I really don't believe it will make that much of a difference.

Quebec doesn't have any more of a problem with convenience store robberies than Ontario.

Another argument is that it would be too easy for minors to purchase beer. People under age have always found a way to purchase booze and just because beer would be sold at the local corner store doesn't mean there will be any more of a problem than if they pick it up at the local brewers' retail.

Beer being sold at a convenience store is basically for just that purpose, convenience. Not every town and village has a brewers' retail. Often these people have to drive a fair distance just to pick up a few cases of beer. Would it not be more logical for them to purchase it at a local store?

If selling beer at convenience stores is too much of a problem, then why not allow local drinking establishments to sell beer to the public? This is allowed

in some of the small towns in the western provinces after the local liquor store is closed.

The brewers' retail is against such a move because it will lose some business to the free enterprise system. What it comes down to is it will lose its precious monopoly.

The Brewers' Warehousing Co. Limited is not owned by the provincial government. It is an independent company manipulated by the big three breweries, Molson, Labatt's and Carling O'Keefe, who, along with the brewery unions, have been sticking it to the public long enough.

Brewers' Retail has had a monopoly. Anytime workers went on strike the whole province suffered. People had to buy their beer at the liquor stores which are stocked with a limited amount.

They dictate where and when you can

buy your favorite suds. How many times have you driven halfway across the city to find one that is open after six?

How many times have you run out of beer on a Saturday night or on a Sunday afternoon when unexpected guests dropped in? Wouldn't it be convenient to walk to your local corner store and pick some up?

There are valid reasons for not selling beer at corner stores. However, I think the advantages outweigh the problems. Most of the problems will exist no matter where beer is sold.

The province of Quebec has sold beer in convenience stores for years and it does not have any more problems because of it.

Peterson should keep his promise and the municipalities will climb off their Victorian horse and allow this proposal to go through, or at least give it a try.

April afternoon accident means new lifestyle

By Bruce A. Johnson

The motorcyclist crested the top of the hill and felt the Kawasaki's front wheel rise slightly. Shifting his weight casually forward, he gently floated the front end down.

The tire struck the soft ground, and broke through into a gaping hole, and the rider shot from the bike, landing 60 feet away.

Ray Boudreau will never forget that April afternoon five years ago. "Right after my tire caught the hole, I was thrown from the bike and landed on my back. I was pretty mangled up.

"My helmet had fallen off, so I had lacerations all over the side of my face. I was choking on my own blood . . . and so I sat up and spit it out."

That was the last time Ray Boudreau would ever have full use of his back muscles.

"I wasn't paralysed instantly. It was the swelling afterward. The swelling just blew up inside the vertebrae. The nerves weren't damaged; they were just bruised. It's really not clear exactly what happened. I went through a seven-hour operation and they put steel rods in my back."

Doctors told Boudreau he would never walk again. "They weren't even sure if I would have a great deal of movement in my upper body because of all the swelling." Boudreau, now

19 and an amiable first-year computer programmer-analyst student at the Doon campus of Conestoga College, said he has little recall of events after the accident.

"I can remember where I was, what I was doing and who I was with, but after that it's all a blank. All I remember is waking up in the hospital."

After spending more than five months in the hospital, Boudreau, a New Hamburg resident, returned to high school.

"They had to carry me up and down the stairs at Waterloo Oxford . . . It was just a normal school with mega stairs. It wasn't that bad."

Boudreau added quickly, "I have no problem getting around here (at Conestoga). I use the freight elevator."

After months of "doing nothing," Boudreau said, the lack of exercise made him contact the Twin City Spinners, a highly competitive wheelchair basketball team based in Kitchener.

"I was just sitting around the house all the time, so my district nurse put me in touch with one of the team members. I phoned him and he told me to come out for a practice."

That was four years ago and Boudreau is still playing for the Spinners.

He got into the computer program at Conestoga because "I needed something that I

could do while sitting down," he said.

"Actually, my folks got me a home computer after the accident and I started to mess around with it. That led me to this program, I guess."

Boudreau shrugs off the thought that he has reason to be bitter towards a world that took away his ability to walk, says simply, "Hey, it was an accident. Who can you really blame over something like this?"

Boudreau, easy-going young and with a broad smile, gets to and from school with a van he bought "with money from a small insurance settlement. It's all gone now, though."

He grins, throws his huge forearms up in the air and says, "I'm broke again. It's pretty expensive being in a wheelchair. There are a lot of extra little things you need which add up."

What are the future plans of Ray Boudreau, the one-time recipient of the New Hamburg Optimist Club "Youth Appreciation Award?" He looks down for a moment, collecting his thoughts, and then says, "I don't really know what I want to do when I graduate."

He pauses, and then reconsiders his last answer. "I do know that I want to get into basketball more. It's hard to get serious about basketball



Conestoga student Ray Boudreau of the Twin City Spinners

Bruce A. Johnson/Spoke

when you are in school, though. There's too much homework."

Boudreau said today's society is making things easier for disabled people. "Everything is getting more accessible. It's

law now.

"You can give me a house that isn't accessible and I can get around in it. I'm in good enough shape that I can . . . make things accessible."

Donors continued from page 1

something breaks down, the assembly line shuts down. You cannot have surgery without the blood being available."

"Blood donors donate blood for their own security. They are depositing blood in the bank instead of money."

She said most people take for

granted that the blood will always be there when they have to go to the hospital for an operation, or if they have been in a serious accident. "The blood is sometimes going out faster than it is coming in."

The donated blood is not always used in the whole form.

Certain blood components are necessary for hemophiliacs, while serious burn victims need the blood component, plasma.

Ron Mugford, a second-year student in graphic design, said donating blood is for a good cause. "This is my fifth time. You get used to it after awhile.

The worst part is when they prick your finger."

Kim Stefura, a first-year student in business administration and management, said she was temporarily deferred due to a migraine headache. "I'm really disappointed that I couldn't donate blood. I've always wanted to give blood,

but (on an earlier occasion) I wasn't old enough. This time it's the headaches."

Stefura said she was registered as a donor and is looking forward to the next clinic. She said she wants to donate blood in case she ever has a need for it. "Donating your own blood can save your own life."

Dunn

continued from page 1

Dunn said she fondly remembers the faculty and staff picnics and "way back when" the college was small enough that the first Christmas parties were attended by the board of governors.

In the fall of 1973, Dunn was chosen to represent the college at the Council of Regents dinner

Over the years there have been changes in the administration office. Computers were introduced and the number of staff in the office has grown.

"In 1973 there were three of us, plus the admissions officer, and now there are about 16," she said.

Life around the registrar's office is never dull, Dunn said. Processing the volumes of student financial aid forms and admissions can be both frustrating and a challenge.

But working in the office has had its rewards. Dunn said she likes the people she works with and contact with the students.

"Young people keep you with it," she said. "If you see girls with purple hair or guys with earrings you don't flip out."

Dunn said that when she leaves she will miss the people and the routine of getting up, going to work and coming home.

But there is a chance she may be back for more than a visit. "I may fill in a day or so if I'm available," she said.

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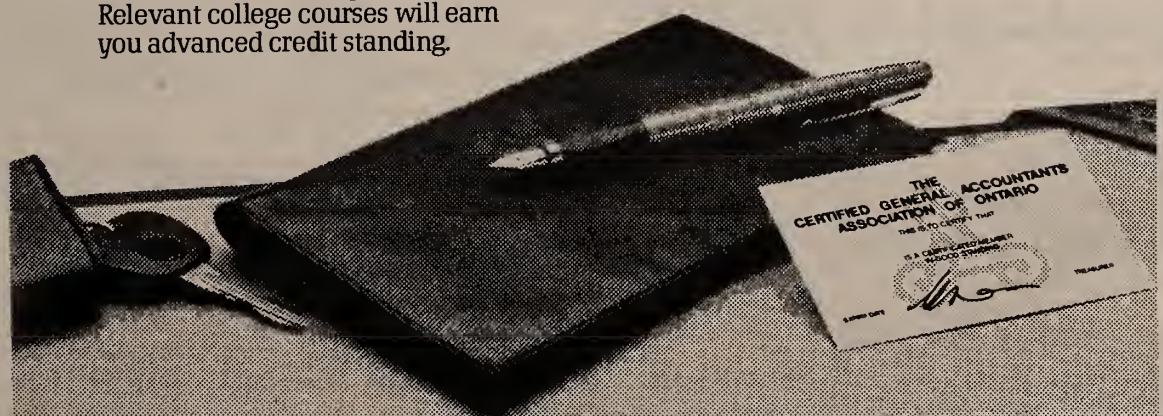
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Ambulance students to train at Doon campus

By Bruce A. Johnson

Nursing students and ambulance and emergency care students will move to a new building at the Doon campus next year.

Bob Mahood, ambulance program co-ordinator, said plans for the new Health Sciences Building, to be built adjacent to the main campus building, are "great because it will allow the (ambulance) students to get involved with main campus activities they otherwise would have passed by."

"It is also good because it means less travel for the students. I'm really looking forward to the move," Mahood said.

Mahood, a 1977 graduate of Conestoga's nursing program, joined the Conestoga ambulance program staff in 1979 after working with the Guelph ambulance service for nearly two years.

He describes the program as being "demanding but at the same time, rewarding."

"Because it is one year," he said, "the students must really dedicate themselves to the program. It is a physically demanding field to be employed in, so we stress the fitness part of it also."

"We get over 300 applications each year and there is only room for 26 students, so the

decision-making is pretty tough with regard to who gets in and who doesn't."

Each student must have level four English and biology credits from high school, along with first aid and C.P.R. (cardiovascular pulmonary resuscitation) certification, Mahood said.

Although the program is already based at the Doon campus, the students rarely spend time there. "Right now, the students use the Green Street campus, which is part of Kitchener-Waterloo Hospital," he said.

The students also spend training time at two other area hospitals, Homewood and St. Mary's.

"In addition to the hospital work, we use the Guelph, Cambridge and K-W ambulance services because the course teaches not only theory, but lots of practical things as well. The bulk of their time is spent on emergency vehicles. This way, they can get hands-on experience in the field."

Besides Mahood, the ambulance program's two other instructors, Bob Soules and Wendy Spiegelberg, are also Conestoga nursing graduates.

Commenting on the simulated disaster which students in the program took part in on Sept. 11, Mahood said, "Everybody involved with the pro-



Co-ordinator Bob Mahood prepares "victim" for mock disaster in Cambridge last month.

Bruce A. Johnson/Spoke

gram was quite excited about the mock disaster.

"We were very fortunate that Cambridge put it together because it gave our students a well-rounded outlook on emergency situations. They can now empathize more with the patients they deal with."

Mahood said the mock disaster "let our students . . . observe how emergency personnel handle situations like that. It put them right in the middle and they loved it."

Once ambulance and emergency care students graduates from the program, Mahood

said, "they find many doors open to them."

"The majority of our graduates find jobs in Ontario, but we do have former graduates working in California, Florida and all across Canada."

"... Nice work, if you can get it."

Hard-to-employ youths head towards Futures

By Gerry Shultz

Last fall the provincial government announced the creation of Futures, a new youth program that would provide training, educational upgrading and work experience for hard-to-employ youth.

According to a press release, the provincial government has provided \$133 million for the 1985/86 fiscal year for the program. It is estimated that by the end of the year 56,000 young people will have benefited from this support.

"The program has been very successful in the short time it has been operating," said Ellen Frost, co-ordinator for the work experience portion of the Futures program.

Futures has been in operation since Nov. 4, 1985, and Conestoga College is one of four area organizations that administers the program.

The Futures office is located in the old OHIP building beside the Salvation Army at 659 King St. East, Kitchener.

Norm Johnson, employment centre training director at the Doon campus, is in charge of the Futures program for Con-

estoga College. The college provides all of the counsellors for the program.

Futures is designed to break the no-win cycle for young people who can't get a job because they have no experience and who can't get the experience because they can't get a job.

The program gives unemployable young people the work experience to make them employable and at the same time teaches them to find an appropriate job on their own.

"It is an employment program for young people who have a hard time finding full employment. Everything we do leads toward one goal and that is to get these people employed," Frost said.

Futures consolidates and replaces six other youth programs offered by the Ontario government. The programs that Futures replaced are Youth Corps, the Ontario Career Action Program (OCAP), Youth Start, Youth Tourism and Residential Centres.

To qualify for the program, a participant must be between 16 and 24 years old, be a school dropout, and have been unemployed at least four months or

be a high school graduate or more, and have been unemployed at least five months.

Participants must also be residents of Ontario and legally able to work in Canada.

It is offered through employment counselling centres and all of the 22 community colleges in Ontario. Funding from the Ontario Ministry of Skills Development has allowed the Futures program to expand into Cambridge, Stratford, and Guelph.

"Futures is divided into three stages. The first stage is pre-employment preparation, which is for young people who are not quite ready to go directly into a work situation. Here they receive up to 16 weeks of counselling, social and job search skills and basic vocational skills. They also receive a training allowance of \$100 a week," said Frost.

Ron Morgon, the pre-employment co-ordinator of the Futures program, said

some of the young people coming into the program may have various problems—such as a poor school record or family problems at home—that could interfere with their employability.

"Some people may not be ready to go into a work situation because they do not have the social and work skill to get a job. We try to help them develop these basic and social skills," said Morgon.

The second stage of the program is work placement, for people considered job ready. They can receive up to 16 weeks of job experience and training which can lead to full-time employment.

"The work experience is both beneficial to the employers and to the employees they are training. Futures pays the wage of the trainee, which cuts labor costs and gives the employer time to train the employee," said Frost.

Frost said the program was

working quite well and that 70 to 80 per cent of the participants were getting jobs.

The third stage of the program is a 52-week job guarantee option. This is for participants who have less than Grade 12 education and can qualify to receive up to 52 weeks of job training, provided they spend three hours a week to upgrade their education.

Frost said individuals wanting to participate in this stage of the program have to commit themselves to three hours of educational upgrading a week. During the 52-week option a participant receives the provincial minimum wage plus, when necessary, assistance with educational, transportation and day-care costs.

Throughout the on-the-job-training period counsellors advise trainees and work with the employers to chart the progress of the trainees and iron out difficulties that might occur.

Needed: volunteer readers

By Gerry Shultz

The student services office at Conestoga College's Doon campus is still looking for volunteers to read course material onto cassette tapes for blind students.

"The volunteer readers program was started three years ago. Prior to that the staff at student services would read the material for these students. We are looking for the people who want to volunteer their services for the school year," said Myrna Nicholas of student services.

"I like to point out that they are volunteers and if they are busy with their course or if their workload is too heavy, we will assign another volunteer to do the reading," said Nicholas.

Rick Casey, a counsellor at student services, is in charge of the special needs students for Conestoga College's Doon campus.

"The response from the students has been good, but we still need more volunteers. We like to have extra people to use as back-ups."

"With visually impaired students, we blow up material 127 percent so they can read it better. This also takes some of the stress off of their good eye," said Casey.

Casey said he would like to see the program expanded so it could include general information such as the school newspaper, Spoke, job advertisements or other material.

In the not-too-distant future Casey would like to see a buddy system program started to help all handicapped students.

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ENTERTAINMENT

XL-FM wants students to know it's different

By Monty Kersell

The FM radio station at Doon campus, XL-FM, wants students to know it has its own identity. Its programming is geared to appeal to as many people as possible, says program director Dave Huras.

"If you ask people what the radio station at the college is, most people will say CXLR," he said.

CXLR is piped into the cafeteria, but both stations can be tuned in on the green speaker boxes placed around the campus. XL-FM is heard in the student lounge between 8:30 a.m. and 2:30 p.m.

Both stations are part of the broadcasting - radio and television program and the same students work on each.

XL-FM carries a wide selection of music, but it is generally guitar-oriented rock and roll, Huras said.

"There is some new wave being played, like The Spoons, for instance," he said. "Some of the lesser-known Canadian groups we try to give a little air-play to, but you're also going to hear John Cougar, Pink Floyd and all the old favorites as well as the new ones like Van Halen."

Contemporary hit stations, like CXLR, said Huras, play the top songs on a high rotation basis. XL-FM has its top songs too, but doesn't play them as frequently.

"We play the top rock and roll songs, the top album songs, but we're not going to hit you with them three times a day because there's other good music around."

Students select the station's music after reading publications such as Billboard, Radio and Records and RPM Weekly. They also listen to stations like Q107 for ideas and depend on the staff's own knowledge, said music director Trisha Freriks.

Freriks said the station's chart is updated about every two weeks and is sent to about 35 record companies, local sta-

tions and music publications.

Other format decisions are made by a board of directors, made up of students with executive positions, getting together and brainstorming, Huras said.

A major news package is aired at 9 a.m. and at noon, each one about seven minutes long, with news, weather and sports reports at the top of other hours for about four minutes.

There is one specialty show, ASL, which is aired Fridays on CXLR at 9:30 a.m. and on XL-FM at 1:30 p.m.

Produced by one of the news directors, Kim Carrothers, ASL is a half-hour-long W5-style show with features to entertain and inform.

The name of the show stands for Arts/Science/Literature and it replaces Newswrap of last year, Carrothers said. She tries to keep the items as current as possible with news items that are not more than a week old.

Huras said that by Christmas he expects there will be other specialty shows for listeners. Time is not available now because the students are marked on their on-air performances and specialty shows are extra.

The station is faced with a shortage of albums because of a format change which took place two years ago, Huras said. The station went to a middle-of-the-road format and unwanted records were sold.

Some students have brought in records of their own and the station has been able to buy some, he said.

"We're doing the best we can right now. We put some things on tape but they won't stay that way forever."

Both radio stations are interested in what students think. Anyone who would like to offer input can contact Huras or assistant program director Leigh-Ann Constantine for XL-FM or Christine Roenspiess for CXLR.



First-year broadcasting student Brian French cues up the next record in the control booth of XL-FM.

Monty Kersell/Spoke

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**Presented by the Doon Student
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College recruiting tutors

By Gerry Shultz

The peer tutoring service at Conestoga College's Doon campus is recruiting student tutors for the fall and winter semesters, said Chris Martin, co-ordinator of the program.

Peer tutoring is a service co-ordinated through the student services office which matches a student experiencing difficulties in a course with a senior student, for the purpose of one-to-one tutoring.

Martin interviews and trains the students who want to become tutors. She also arranges meetings between tutors and the students so they can establish a place, day and time for their sessions.

"The students who want to tutor must have good commun-

ication skills and enjoy working with other people," said Martin.

She said tutors should be in the second or third year of their program and have an A or B average in the course that they want to tutor.

"Once the student and tutor agree to work together we have them sign a working contract. For \$5 the student receives five hours of tutoring at an hour a week, which is arranged at the two participants' convenience," said Martin.

She said the tutors are paid the provincial minimum wage by the college for the five hours that they are tutoring. If more tutoring is needed, a new contract can be worked out.

Students wanting to be tutored can apply in person to the peer tutoring office in student services. They will then meet with one of the staff and fill out an application. It takes a couple of days for the application to be processed and for a tutor to assigned.

"The requests for tutoring varies. Students may want someone to help them review a specific segment of material, or simply want extra academic support, or sometimes the student may get behind," Martin said.

The sessions are beneficial for both the student and the tutor. It helps the student review, and when the information is broken down, it becomes a lot clearer to the student, she said.

The tutors can review material that they previously studied and can developing interpersonal and communication skills.

"Tutoring enhances their own studying because they are reviewing material with clients that they are currently studying themselves. The tutoring experience can also be helpful in job applications. Employers like to see that kind of thing on your resume. It indicates that you have good communication skills," she said.

Martin said many students who have been tutored will come back the following year and tutor in a subject that they are strong in.

"Peer tutoring was started five years ago, in 1981. Last year we had 70 tutors. It is growing by leaps and bounds every year and the students who have used it found it to be very useful.

Martin said tutors are still needed for the business and technology programs.



Flying high

Tom Franks, co-ordinator of the electronics program, displays and constructs remote control helicopters at IEEE hobby night.

Gerry Schultz/Spoke

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YABA-DABA-DO!**

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Contact DSA Activities for further details.

SPORTS

LASA rivals open intramural football season

By Dan Schiller

Intramural touch football opened the season Sept. 23, with a rivalry between LASA students.

It was the Conestoga Vice (first-year) team against the LASA Enforcers (second-year) team, with the Vice coming out the winner.

When the game got underway, Conestoga Vice scored first. The 6-point score came when LASA Enforcer's quarterback, John Young, threw a ball that was intercepted by Dave Cross of Conestoga Vice.

Cross ran the interception back 65 yards for the touchdown.

After the touchdown, the Enforcers settled down and took control of the first-half. The team's big success was the "Hail Mary" type of play, where the ball is thrown down field, and the team prays an Enforcer will catch it. LASA finally put together a good drive, and were all the way down to the Conestoga Vice 20-yard line when the first half ended.

The second half of the game was totally dominated by Conestoga Vice. A second touch-

down for the Vice was again scored by Cross. This time, playing quarterback, Cross took the ball on a sweep to the left and was able to scurry 25 yards for the touchdown. The convert was again unsuccessful and the score remained 12-0.

After the Vice team kicked off, the LASA Enforcers fumbled the ball and the Vice had it again, at mid-field.

The Vice moved it down field and their efforts resulted in a third touchdown by Dino Tsitomenaes. This time the convert was complete, making the score 19-0 for the Vice.



First-year LASA student Chris Rau jumps up to catch the ball.
Dan Schiller/Spoke

Women's softball team wins

By Tom Froese

The Conestoga Condors crushed the Mohawk Mountaineers 11-1 in Ontario College Athletic Association women's varsity softball action at Conestoga Sept. 24.

Conestoga scored one run in each of the first, second, and third innings, before breaking loose, with three runs in the

fourth and five runs in the sixth.

Mohawk scored its only run in the second inning.

Michelle Dupois led the Condors with three singles and a double.

Jill Dickinson had a triple and a single, Susan Conveney had three singles, Sandy Law and Cindi Downe had doubles, and Jan Airdrie and Pauline

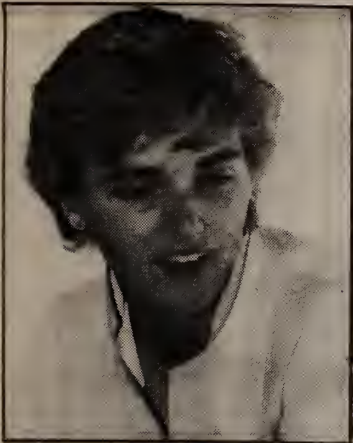
Kay added singles.

Condor manager Jim van Trigt said his team played well, but Mohawk manager Doug Parry warned not to count the Mountaineers out.

"We're learning the game. We made a couple of errors, but we'll be back."

The win improved Conestoga's record to two wins and one loss.

Women's varsity soccer a no-go



Sandy Nay

For the second year, attempts to form a varsity women's soccer team have failed.

DSA activities co-ordinator Sandy Nay, who was to coach the team, said she was disappointed by the lack of response. Only six women turned out for a team meeting in September.

She said that a survey taken in February seemed to indicate an interest in the sport but too few women signed up to form a team. About 20 players would be ideal, she said.

Women's soccer is being developed at the high school level

and Nay said that eventually the popularity of sport should reach the college.

In comparing women's soccer to men's, Nay said, "Basically it's the same game. Women aren't as pushy. They are a lot more patient. They don't have the physical strength of men, but compensate by having more control of the ball."

A decision has not been made as to whether women's soccer will be offered next year.

"I personally would like to try again," Nay said.

Intramural Sports

Contact Hockey League

Captain's meeting: Monday, Oct. 6 at 4:30 p.m.

League starts: Oct. 7 Tuesdays & Wednesdays 4:30 - 7:30 p.m.

Coed Volleyball League

Captain's meeting: Monday, Oct. 6 at 4:30 p.m.

League starts: Oct. 8 Wednesdays 7:30 - 10:30 p.m.

Women's Floor Hockey League

Captain's meeting: Monday, Oct. 6 at 4:30 p.m.

League starts: Oct. 7 Tuesdays 4:30 - 6 p.m.

-Non-Contact Hockey League

Captain's meeting: Monday, Oct. 9 at 4:30 p.m.

League starts: Oct. 9 Mondays & Thursdays 4 - 5 p.m.

Squash Ladders (Levels 1 & 2)

Captain's meeting: Wednesday, Oct. 15 at 7:30 p.m.

League starts: Oct. 16

Intercampus Challenge Table Tennis

Captain's meeting: Thursday, Oct. 9 at 4 p.m. (gymnasium)

Game follows at 4:30 - 7 p.m.

* Captain's meetings are on Mon. Oct. 6 at 4:30 p.m. at the Conestoga Recreation Centre in the upper lounge. All team captains or representatives must be present (with completed entry form and bond) to get into the league.

Student Services

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Doon Student Services is offering a series of one hour workshops. Drop by to ask any questions.

SCHEDULING YOUR TIME

Mon., Sept. 29 (11:30 a.m.)

Wed., Oct. 1 (11:30 a.m.)

Thurs., Oct. 2 (11:30 a.m.)

READING EFFICIENTLY/CONCENTRATING & REMEMBERING

Mon., Sept. 29 (12:30 p.m.)

Wed., Oct. 1 (12:30 p.m.)

Thurs., Oct. 2 (12:30 p.m.)

EFFECTIVE LISTENING & NOTE-TAKING

Mon., Oct. 6 (11:30 a.m.)

Wed., Oct. 8 (11:30 a.m.)

Thurs., Oct. 9 (11:30 a.m.)

PREPARING FOR & WRITING TESTS

Mon., Oct. 6 (12:30 p.m.)

Wed., Oct. 8 (12:30 p.m.)

Thurs., Oct. 9 (12:30 p.m.)

STRESS MANAGEMENT

Tues., Oct. 14 (11:30 a.m.)

Wed., Oct. 15 (11:30 a.m.)

Thurs., Oct. 16 (11:30 a.m.)

Check your timetable, Select a workshop time from one or all of the above areas. Sign up with the secretary in the Student Services and Information Office.

SPORTS

Soccer Condors defeat George Brown 3-1

By Dan Schiller

The quick-paced men's varsity soccer team ran past George Brown College to a 3-1 victory Sept. 25. at Rogers Field in Cambridge.

Conestoga seemed to be wherever the ball was. They beat George Brown players to the ball, and were in control of the first half, resulting in two goals by Marcel Desmeules.

About eight minutes into the game, the George Brown goalie made a poor clearing and Desmeules kicked the ball past

him to score.

The second goal by Desmeules resulted from a scramble in front of the George Brown net. The ball came free for a second, and that was long enough for Desmeules to kick it into the corner of the net.

George Brown had only one good shot on net in the entire first half, and it was from about 20 yards out. The Conestoga defence held strong during the half, and forced George Brown to keep shooting from well out.

George Brown, however, came alive in the second half. After continuous pressure for about the first 20 minutes, they were awarded a penalty kick. Shane Marshall made no mistake as he kicked it well into the corner of the Conestoga net.

With the score 2-1, George Brown began to play stronger and Conestoga began firing themselves up.

After even action for most of the second half, Ian MacIver picked up a loose ball and ran past a defender to deposit the ball in the George Brown net.

With the score now 3-1, the game was clinched for Conestoga, with about five minutes left in the game.

Geoff Johnstone, coach of the team, was happy to get his first win of the season, but admitted the team almost blew it.

"We played very well in the first half, and almost managed

to lose it in the second."

Johnstone wasn't sure why his team played so poorly during the second half. "They just went dead," he said.

Although it was the team's first win of the season, Johnstone still feels he has the potential for a playoff team.

Varsity sports round-up

Softball

In varsity sports the last week of September, teams were hot and cold.

In women's softball, the Condors upped their record to 2-1. The team split its two games by losing 5-3 to Sheridan Sept. 23, but winning big against Mohawk, 11-1, Sept. 25.

During the 11-1 romp, Sue Blacklock struck out five Mohawk batters to improve her record to 2-0. Michelle Dupuis led the team with four hits and two RBIs. Jill Dickinson contributed with two hits and two RBIs.

Hockey

Conestoga won 8-1 at home, and 9-1 in Simcoe.

The hockey team continued its pre-season tune-up with a couple of victories over the Simcoe Junior C Mounties.

Soccer

The soccer team also split two games, bringing its record to 1-2.

On Sept. 22, the soccer Condors were in trouble early in the game against Fanshawe. It was 3-1 at the half, then Conestoga rallied to make it 4-3 in the second half. Fanshawe, however, scored with only five minutes left, to put the game out of reach.

In the other game, against George Brown College, two first-half goals by Marcel Desmeules, and a second-half goal by Ian MacIver was enough to

fashion a 3-1 win.

Golf

The golf team was playing for its third straight Ontario Athletic Association (OCAA) victory at the Horseshoe Valley Resort in Barrie.

It was not to be, though, as Conestoga only managed to capture fourth place.

Fanshawe won the event with a score of 666. Second place went to Sheridan, and third to Seneca. Conestoga shot a 675.

Steve Stewart of the golf team was able to take second place individual honors with a 158. Other members were Steve Stumpf, with 167, Brad Fraser, with a 172 and Russ Columbo, with a 178.

Varsity Sports

MEN'S SOCCER

Monday, Oct. 6 at 4 p.m. vs. Sheridan

Thursday, Oct. 9 at 4 p.m. vs. Redeemer

Tuesday, Oct. 14 at 4 p.m. at Sheridan

Thursday, Oct. 16 at 4 p.m. vs. Mohawk

Tuesday, Oct. 21 at 4:30 p.m. at Seneca

Thursday, Oct. 23 at 4 p.m. vs. Fanshawe

WOMEN'S SOFTBALL

Tuesday, Oct. 7 at 5 p.m. vs. Sheridan

Thursday, Oct. 9 at 4 p.m. at Humber

MEN'S BASKETBALL

Friday, Oct. 17 — Sunday, Oct. 19 Conestoga Oktoberfest Tournament

WOMEN'S BASKETBALL

Thursday, Oct. 23 at 6 p.m. vs. Durham

Friday Oct. 24 at 8 p.m. vs. Loyalist

MEN'S HOCKEY

Thursday, Oct. 30 at 8 p.m. at Sheridan

Intramural team of the week



Conestoga Vice from the co-ed touch football league has been selected as intramural team of the week for the week of Sept. 22 - 26.

They displayed good team spirit and participation as well as being enthusiastic.

From left to right at rear are Terri Nelson and Tennyson "Tito" Ramsay.

Seated from left to right are John McDonald, Linda Hettinga, Konstantinos (Dino) Tsimomeneas and Sharron Kiely.

Absent are Bill Goulden, Nick Ebner, Gord Nairn, Jeff Scott, Dave Cross, Chris Rau, Randy Schubert, Jeanette Ostrander and Dave Young.

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Varsity athletes of the week



Michelle Dupuis

Michelle Dupuis, of the women's varsity softball team, has been named female athlete of the week.

Dupuis, a student in the LASA program, had four hits and two runs batted in in a game against Mohawk College Sept. 24. Her efforts helped to win the game 11-1.



Steve Stewart

Steve Stewart, a student in the business-administration marketing program, has been named male athlete of the week for the second straight week.

Stewart won the individual silver medal at the Ontario Colleges Athletic Association (OCAA) golf championships held at Horseshoe Valley Resort in Barrie.

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